

EBF Recommendation on testing of co-medications and interaction compounds

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on behalf of the EBF*

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The Topic Team (TT) – 31

- Aim: **Co-medication and interaction compound testing – best practice and recommendations**
- Formed at the strategic EBF meeting in 2012
- Getting started only in beginning 2013
- Several TCs and 2 surveys about best practice and experience of co-med testing

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Outline

- Background and Goal
- Survey
- EBF-Recommendation
- Future Plans

Background

FDA 2001 and 2013 draft (chapter III, B, 1, selectivity):

....."Potential interfering substances in a biological matrix include **endogenous matrix components, metabolites, decomposition products**, and in the actual study, **concomitant medication and other exogenous xenobiotics**. If the method is intended to quantify more than one analyte, each analyte should be tested to ensure that there is no interference."

EMA: (chapter 4.1.1 selectivity)

..... "It may also be necessary to investigate the extent of any interference caused by **metabolites of the drug(s), interference from degradation products** formed during sample preparation, and interference from **possible co-administered medications**. Co-medications normally used in the subject population studied which may potentially interfere should be taken into account at the stage of method validation, or on a study specific and compound specific base."

Question:

- How
- How much

EBF Solution? → form a Topic Team and
→ Survey about current practice

Goal

- Evaluate best practice on testing of co-meds and interaction compounds during BMV within EBF
- Evaluate experience and possible threats
- Provide recommendations to BA community

Survey

Defintion of terms:

Co-medication are:

- co-medications (e.g., drug is applied on top of standard therapy)
- interaction compounds (e.g.,DDI –studies)
- fixed drug combinations (e.g., synergistic drugs in a fixed combination)

We distinguish between:

- scheduled co-medications: defined in the study protocol which contains information about **dose, route and time of administration** and apply **to the entire study population** or a subgroup of the study
- unscheduled co-medications: are on the list of allowed medications in the study protocol but used **to treat side effects as needed** and **not applied systematically to the entire study population** or a subgroup of the study.

Survey

This section belong to chromatography based assays (SMOL)

- Q 1. Do you represent Pharma or CRO?
- Q 2. Do you test your assay for scheduled co-medication in your company?
- Q 3. Do you test your assay for unscheduled co-medications in your company?
- Q 4. How do you test the impact of co-medications on your assay?
- Q 5. If you test for precision and/or accuracy of QCs, at which level do you test?
- Q 6. If you test for precision and/or accuracy, which acceptance criteria do you apply?
- Q 7. If you test for co-medications, at which level of co-medications do you test?
- Q 8. If you test, then you are testing according to
- Q 9. If you don't test for co-meds, then (this question is purely focussing on MS)
- Q 10. Finally, we would like to ask you if we forgot any major aspect of co-medication testing for the chromatography based assay area?

This page deals with ligand binding assays (IGM)

- Q 11. Do you represent Pharma or CRO?
- Q 12. Do you test for scheduled co-medications in your company?
- Q 13. Do you test your assay for unscheduled co-medications in your company?
- Q 14. How do you test the impact of co-meds?
- Q 15. If you test for recovery (of QCs), at which level do you test?
- Q 16. Which acceptance criteria do you apply for QCs if co-meds were added
- Q 17. If you test for co-medications, at which level of co-medications do you test?
- Q 18. If you test, then you are testing according to
- Q 19. At the end, we would like to ask you if we forgot any major aspect of co-medication testing for the IGM area?

Outcome:

Response rate: 30 SMOL (20 Pharma, 10 CRO)
 14 IGM (8 Pharma, 6 CRO)

Survey –Results

Q2: Do you test your assay for scheduled co-medication in your company?

	Yes	No
SMOL	85%	15%
IGM	55%	45%

Q3: Do you test your assay for unscheduled co-medications in your company?

	Yes	No
SMOL	25%	75%
IGM	0%	100%

Survey –Results

Q4: How do you test the impact of co-medications on your assay?

SMOL

Test for chromatographic interference of pure solutions?	20%
Test for chromatographic interference in spiked matrix after sample preparation?	60%
Test for QC precision and accuracy of the assay analyte?	75%

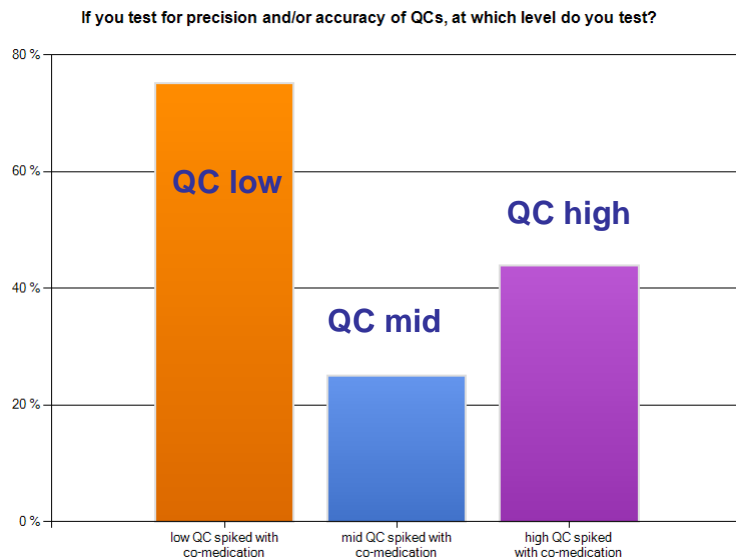
IGM

Test for difference in recovery of pure solutions?	0.0%
Test for difference in recovery in matrix after sample preparation (dilution)?	100%

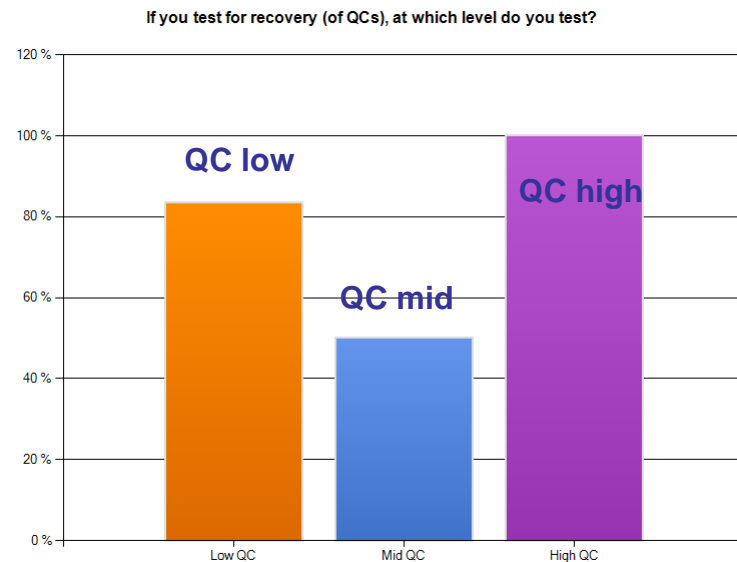
Survey –Results

Q5: If you test for precision and/or accuracy of QCs, at which level do you test?

SMOL



IGM



Survey –Results

Q6: If you test for precision and/or accuracy, which acceptance criteria do you apply?

SMOL	
Simple testing, one level, few replicates, applying 85-115%	82,4%
More extensive testing, multiple levels, multiple replicates, applying 4/6/15 rule	17.6%
IGM	
Simple testing, one level, few replicates, applying 80-120%	83.3%
More extensive testing, multiple levles, multiple replicates, applying 4/6/20 rule	17.7%

Q7: If you test for co-medications, at which level of co-medications do you test?

SMOL	
Cmax of co-med	95%
Same as QC	5%
IGM	
Cmax of co-med	100%
Same as QC	0%

Survey –Results

Q8: If you don't test for co-meds, then (this question is purely focusing on MS)

SMOL

A) You are following the argumentation that mass spec is so specific that interference could be ruled out (30%)

B) You are following the argumentation that mass spec is so specific that interference could be ruled out but only in case you are using a stable isotope internal standard (SIL) (70%)

Survey –Results

Q9: If you test, then you are testing according to SOP and/or study plan.

SMOL and IGM:

Testing is always guided by either SOP or Study Plan

Q10: Finally, we would like to ask you if we forgot any major aspect of co-medication testing for the chromatography based assay and ligand binding assay area?

→ comments

Survey 2 – co-medication testing

Second survey (5 questions)

- was asking for experience made during the recent two years (25 responders)
- 203 studies for scheduled co-meds tested
- 180 SMOL, 23 IGM; 118 CRO, 85 Pharma
- 7 studies for unscheduled co-meds tested
- All from CRO
- Not a **single study** was failing
 - none for IGM,
 - none for SMOL with SIL
 - none for SMOL with structural analogue as IS

Best Practice - EBF recommendations

We believe and we have evidence that co-med testing is not needed and we would recommend to follow a tiered approach.

Consider physico-chemical properties of the drug and the co-med and decide on this basis if interference is likely or not.

If interference is likely or could not be ruled out, then:

- Test in matrix samples
- Test for accuracy of QCs SMOL 85-115%, IGM 80-120%
- Test at **low** and **high** QC level, 2 replicates
- Test at C_{max} of co-med

Future plan

Collect more data on survey 2:

- Consolidate survey 2
- Publish the results and recommendations

Acknowledgements

- The topic team
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- All of you !!